



## 2026 iCare Presentations & Descriptions

### 8:15 ~ 9:30 ~ Starting all together!

**Title:** *Achieving the No Options Mindset*

**Presenter:** *Ty Gipson*

**Description:** *Ty Gipson shares the three mindset shifts that helped him survive life-threatening health challenges, navigate business crises, and lead through adversity. Through real stories, humor, and actionable strategies, attendees will learn how to respond when life leaves them with “no options” and how small daily choices can build resilience, hope, and strength in both leadership and caregiving.*

### 9:45 ~11:00

**Title:** *Disability & Chronic Illness*

**Presenter:** *Anna Gonzales, MA, LPC-Associate (Supervised by Kimberly Collins, MA, LPC-S)*

**Organization:** *STCH Ministries*

**Description:** *Have you ever found yourself questioning if those in your care with disabilities and chronic illnesses feel seen and loved? Come explore this question as we evaluate how disability and chronic illness affect individuals emotionally, spiritually, socially, and mentally. This presentation examines these topics through psychological theory, Christian theology of the body, and a personal reflective lens.*

**Title:** *When Roles Reverse: Understanding the Journey of Aging Parents and Adult Children*

**Presenter:** *Kimberly Collins, MA, LPC-S; James Collins, BA*

**Organization:** *STCH Ministries & FBC Palacios*

**Description:** *This presentation explores the emotional and relational challenges that arise when aging parents and their adult children begin navigating changing family roles due to illness and caregiving needs. Through the perspectives of a father with more than 60 years of ministry experience and a daughter who is a professional counselor, the presentation offers insight into maintaining dignity, independence, healthy boundaries, and connection during seasons of transition. Attendees will gain practical tools and resources to help families navigate caregiving relationships with compassion and understanding.*

**Title:** *Supporting Healthy Emotional Development in Early Childhood*

**Presenter:** *Nikki Rojas, MA, LPC Associate (Supervised by Kimberly Collins, MA, LPC-S & Lisa Latcham MEd, LPC-S, RPT-S)*

**Organization:** *STCH Ministries*

**Description:** *Participants will learn how to view behavior through a trauma-informed lens and apply this knowledge to decreasing and responding to difficult behaviors at home or in the classroom.*

**Title:** *Understanding how Attachment Styles Shape Our Relationships- "Why do I do the things I shouldn't do, and I don't do the things I know I should do?"*

**Presenter:** *Darin Griffiths, MA, LPC-S, LMFT*

**Organization:** *STCH Ministries*

**Description:** *Why do we react the way we do in relationships? This presentation introduces attachment styles and explains how they influence closeness, conflict, and emotional safety. Attendees will leave with practical insight into their own relationship patterns and tools for building stronger connections.*

**Title:** *Marriage Conflict and Communication*

**Presenter:** *Bobbie Garcia, MA, LPC*

**Organization:** *STCH Ministries*

**Description:** *Participants will gain insight into the interactions and dynamics influencing relationships and acquire techniques to foster effective communication and productive conflict resolution.*

**Title:** *Ministry to LGBTQ, Part Two*

**Presenters:** *David Sanchez*

**Organization:** *Texas Baptists*

**Description:** *This workshop follows up on David's talk from last year's iCare - How to Minister to People who Struggle with LGBTQ+ Issues. That time the focus was more on the issue of gender identity. This year, we will look more closely at what the Bible has to say about same-sex relationships, how to encourage those who confess to struggles with same sex attraction but hold to biblical convictions, and how to love those who identify as gay/lesbian/bi/pansexual with compassion. (Last year is not a prerequisite. Anyone may attend.)*

**Title:** *Seeing People Through the Lens of Discipleship*

**Presenters:** *Russell McCarson*

**Organization:** *Parkway Church*

**Description:** *Every person has a next step to take, and every relationship we have provides an opportunity to help them take that next step in their faith. This is the critical mindset to being a disciple-maker in our own lives and as the church.*

## 11:00 Head back to the auditorium

### 11:15 ~ 12:30

**Title:** *Kingdom Dogs*

**Presenter:** *Hank Hough*

**Description:** *At Kingdom Dog Ministries (KDM), we're on a mission to spread the gospel of Jesus Christ through a unique blend of faith, obedience, and companionship—delivered by none other than man's best friend. Founded by avid outdoorsman Hank Hough, Kingdom Dog Ministries uses the powerful bond between dog and man to illustrate timeless biblical principles that resonate deeply with men, families, and communities across the country.*

## 12:30 Grab your lunch & head back to the auditorium

### 12:45 ~ 2:00

**Title:** *Protecting Kids in the Digital Age: Real Threats. Real Hope.*

**Presenter:** *Mandy Majors*

**Organization:** *nextTalk*

**Description:** *Even without screens, kids can be exposed to harmful content or conversations. Every kid is at risk growing up in a digital world. Understand today's dangers, put simple safeguards in place, and build trust so kids come to you first.*

## 2:15 – 3:30

**Title:** *What is Going on Here? Help for Dealing with Problem Behavior in Kids*

**Presenter:** *Judith Williams, MEd, LPC, RPT*

**Organization:** *STCH Ministries*

**Description:** *Ever find yourself asking, "What is going on here?" This presentation helps parents and caregivers make sense of challenging child behaviors and provides practical, realistic strategies for responding in ways that build connection, structure, and emotional regulation.*

**Title:** *Leading with Awareness: How to Provide Safety, Support and Care for Teenagers*

**Presenter:** *Chris Kincaid*

**Organization:** *Associate Student Minister, Kingsland Baptist Church, Katy, TX*

**Description:** *Ministry leaders will be equipped with practical tools for handling sensitive and challenging conversations with teenagers in a safe, compassionate and responsible manner.*

**Title:** *How We Respond Matters: Practical Responses That Create Safety and Trust*

**Presenter:** *Myra Gonzales, MA, LPC Associate (Supervised by Caleb Barnet, MS, LPC-S)*

**Organization:** *STCH Ministries*

**Description:** *This presentation explores attachment styles and how they shape behavior, relationships, learning, and faith across the lifespan. Designed for teachers, therapists, and pastors, it offers a shared, compassionate framework for understanding emotional needs and responding in ways that build safety, trust, and regulation. Participants will leave with practical insights they can immediately apply to classrooms, counseling spaces, and faith communities to support healing and connection.*

**Title:** *Repairing the Rupture: Communication, Conflict, and Confession*

**Presenters:** *Dosely Antongiorgi, MA, LPC-S & Caleb Barnet, MS, LPC-S*

**Organization:** *STCH Ministry*

**Description:** *All relationships have conflict, but did you know that there is a positive way to manage conflict? This presentation focuses on John and Julie Gottman's Four Horsemen of the Apocalypse, a metaphor they use to describe relationship killers, on communication and the antidotes for making communication work. This information is geared toward marriages but it is useful for all relationships! We will also cover a structured confession-based activity to help you and others repair after a regrettable incident.*

**Title:** *Holy Ground, Hidden Harm: A Trauma-Informed Response to Spiritual Abuse in Faith Communities*

**Presenter:** *Vanessa Cordes, MSW, LCSW*

**Organization:** *STCH Ministries*

**Description:** *Spiritual trauma and abuse can occur in spaces meant to offer safety, meaning, and connection with God, making the harm especially difficult to recognize and name. This session explores spiritual trauma through a trauma-informed, faith-based lens, examining how misuse of spiritual authority, doctrine, and power can deeply impact emotional, relational, and spiritual well-being. Designed for clinicians, ministry leaders, and faith-based professionals, this presentation offers insight into recognizing spiritual abuse, understanding its effects, and responding in ways that promote safety, dignity, and healing.*

**Title:** *How Gen Z Actually Engages*

**Presenter:** *David Foster*

**Organization:** *Texas Baptists*

**Description:** *Gen Z doesn't stay for polish; they stay for people. This talk names why traditional engagement strategies fall flat and what actually builds trust and belonging. You'll leave with practical ways to empower Gen Z through presence, credibility, and shared leadership."*

## 3:45 – 5:00

**Title:** *The Good Life*

**Presenter:** Charny Beck, PhD, LCSW-S, LPC

**Organization:** STCH Ministries

**Description:** Grounded in decades of research from the Harvard Study of Adult Development, this presentation will highlight how strong, supportive connections are central to emotional, physical, and spiritual well-being, offering a compelling framework for how we understand human flourishing and the need for human connection and a sense of belonging within a community.

*The Good Life*, which reveals that a meaningful and fulfilling life is shaped less by achievement or wealth and more by the quality of our relationships.

**Title:** *Minimizing the Score*

**Presenter:** Stephanie Nalls

**Organization:** Podcast producer and co-host of *Now She Tells Me* and *This Week in Victoria*

**Description:** This is a practical session, exploring how life's hardest moments impact the body, not just the mind. Drawing on *The Body Keeps the Score*, attendees will learn simple, in-the-moment strategies to stay grounded, process stress, and reduce the long-term emotional impact of trauma as it's happening.

**Title:** *Navigating the Overlap: Recognizing and Supporting Teens with Comorbid ADHD and Depression*

**Presenter:** Sarah Moehrig, MSCP, Licensed Psychological Associate

**Organization:** Sarah Moehrig, LPC, PLLC

**Description:** This session explores the complex presentation of ADHD and depression in adolescents, highlighting diagnostic profiles, symptom identification, and the unique challenges of comorbidity. Through a blend of clinical insights, educational strategies, and real-world case studies, participants will gain practical tools to recognize depressive symptoms in teens with ADHD and implement effective interventions across school, home, and community settings.

**Title:** *The Grace of Lament*

**Presenter:** Sandra Gomez, MA, LPC; Nikki Rojas, MA, LPC Associate (Supervised by Kimberly Collins, MA, LPC-S & Lisa Latcham MEd, LPC-S, RPT-S)

**Organization:** STCH Ministries

**Description:** The participant will learn that lament allows the person to transform one's suffering into deeper faith by bringing one's pain, grief, confusion, and suffering honestly before God rather than suppressing or rushing to resolution. The participant will learn to use a framework to help them grow in their relationship with God.

**Title:** *Curious, Cautious, Called: A Pastor's Guide to AI*

**Presenter:** Mike Hurt

**Organization:** Senior Pastor, Parkway Church

**Description:** Whether you are curious, cautious, or skeptical, this seminar will help pastors learn how to use AI in simple, practical ways for ministry. We'll talk honestly about concerns and questions. We will also look at how AI tools can save time, multiply ministry, and help you better serve your people.