

# 2025 iCare Presentations & Descriptions

8:30 –9:45

**Title:** *Empowering Couples and Families: Essential Tools for Working with Families*

**Presenter:** *Darin Griffiths, MA, LPC-S, LMFT*

**Organization:** *STCH Ministries*

**Description:** *This session equips ministry leaders with practical tools to strengthen communication, resolve conflicts, and nurture healthy relationships within families. Learn how to address common challenges from a biblical perspective and empower families in your congregation to thrive.*

**Title:** *Effective Strategies for Addressing Bullying*

**Presenter:** *Ramona Hotman*

**Organization:** *Region 3 ESC*

**Description:** *This workshop explores the critical topic of bullying, focusing on both legal frameworks and behavioral dynamics. Participants will gain an understanding of state and federal legislation addressing bullying and cyberbullying. The psychology behind bullying, identifying common patterns, and recognizing the roles of aggressors, victims, and bystanders will be explored.*

**Title:** *Grace and Truth Parenting*

**Presenters:** *Mike Hurt & Judith Williams, MEd, LPC, RPT*

**Organization:** *Parkway Church & STCH Ministries*

**Description:** *Parenting advice is everywhere, but what does the Bible say about parenting today? In this seminar, we will discuss influential parenting models, including gentle, attachment, and free-range parenting. We will examine each model's strengths and weaknesses in relation to Biblical parenting.*

**Title:** *From Survival to Healing: Understanding Trauma Responses, Coping Strategies, and When to Seek Support*

**Presenter:** *Vanessa Cordes, MSW, LCSW & Charny Beck, MSSW, LCSW-S*

**Organization:** *STCH Ministries*

**Description:** *Participants will explore the impact of trauma on the mind and body, shedding light on common trauma responses such as fight, flight, freeze, and fawn. Participants will identify effective coping strategies to foster resilience and promote healing in the face of adversity. Participants will learn how to recognize when coping alone is no longer enough and when to seek professional support. By understanding trauma and its effects, this session aims to empower individuals to navigate their journey toward recovery and well-being.*

**Title:** *What Am I To Do Now? Necessary Steps To Take Before or After the Loss of a Loved One*

**Presenter:** *Leslee O'Neal, MS, LPC-S, CGRS*

**Organization:** *STCH Ministries*

**Description:** *Experiencing the grieving process is overwhelming, and often, there is little clarity about important things to handle. This session will help identify some steps that can bring a little peace in a very painful and overwhelming time.*

**Title:** *The Plague of Porn – The Latest Survey Results and Possible Solutions*

**Presenters:** *Tim Williams & Glen Dry*

**Organizations:** *STCH Ministries & E320 Church*

**Description:** *We will discuss the latest research on pornography usage among church goers and practical ways to address the problem to bring healing to people in our churches.*

## 10:00 ~ 11:15 ~ Back to the Auditorium!

**Title:** *Keeping Kids Safe in a Digital World*

**Presenter:** Mandy Majors

**Organization:** nextTalk

**Description:** Mandy will discuss online dangers and the problem we face raising kids in a digital world, provide a solution that works to keep kids safe, and give practical ways to implement the solution in our homes.

## 11:45 ~1:00 Grab lunch & head back to the auditorium

**Title:** *Difference Maker*

**Presenter:** Shannon Perry

**Description:** Shannon Perry reminds her audiences of the powerful responsibility and honor they have of being “Difference Makers” in the life of a child. Through her own humorous and life-changing stories as a former teacher and counselor, Shannon encourages, inspires, and reminds those in attendance of the crucial legacy they leave as “Difference Makers,” and why every moment matters,

## 1:00 ~2:15

**Title:** *Called to Purpose: Embracing the Work God Designed You For*

**Presenter:** Darin Griffiths, MA, LPC-S, LMFT

**Organization:** STCH Ministries

**Description:** Step into the calling God has uniquely designed for you by understanding how your gifts, passions, and purpose align with His plan. This presentation explores biblical principles and practical insights to help you identify your divine calling and live it out with confidence and faith. Discover how to navigate challenges, embrace your God-given strengths, and make a lasting impact in the work He has entrusted to you.

**Title:** *Keeping Young Kids Safe*

**Presenters:** Kim Nichols

**Organization:** nexTalk

**Description:** Kim will discuss how to help young kids recognize grooming tactics used by individuals, both online and in-person, that can lead to sexual abuse. Having experienced sexual abuse as a child, she brings a unique perspective on how to talk with kids about staying safe without overexposing them to scary topics.

**Title:** *Child Development, Parenting Styles & the Bible*

**Presenter:** Judith Williams, MEd, LPC, RPT

**Organization:** STCH Ministries

**Description:** Parenting can be a difficult job with no clear instructions on how best to do it. We all want good results from our efforts, but we're often not even sure we're on the right path. Children don't come with instruction manuals, but the Bible does provide some guidelines of truth to help us. This seminar will help parents and caregivers understand some basic child development, learn about four different parenting styles and how they work, and how the Bible steers us as we use our own personal style.

**Title:** *Excellence Really IS Enough*

**Presenter:** *Stephanie Nalls*

**Organization:** *Futures Academy*

**Description:** *In a world that constantly whispers, “Do more,” this session offers a powerful reminder that what you’re already doing matters more than you know. Through reflection, reassurance, and real-life stories, this session will challenge the pressure to overextend and celebrate your quiet, consistent excellence.*

**Title:** *The Six People You Meet in a Church Conflict or Crisis: Finding Hope in the Leadership Process*

**Presenter:** *Scott Jones, Ph.D.*

**Organization:** *Pastor, First Baptist Church, Rockport, TX*

**Description:** *All churches are groups of people who share a common mission and the complex realities of human relationships. Change, conflict, and crisis are inevitable. How can leaders in the church be a source of hope in the emotional and relational challenges that emerge in change, conflict, and crisis? This breakout session will use scripture and systems thinking to understand how the leadership process can be a source of hope for churches in difficult times.*

**Title:** *The State of Pastors – A Look At Post Pandemic Life and the Future of Ministry*

**Presenters:** *Tim Williams, Director of Church Relations*

**Organizations:** *STCH Ministries*

**Description:** *This will be a discussion of findings on the life of pastors surveyed since the pandemic, largely looking at the research done by The Barna Group in 2024. We will also look at implications of the results as well as ways pastors are finding resilience and health in stressful situations.*

**Title:** *Breaking the Cycle: Healing Strategies for Adult Children of Alcoholics*

**Presenter:** *Emily McKinnon, MA, LPC Associate (Supervised by Leslee O’Neal, MS, LPC-S)*

**Organization:** *STCH Ministries*

**Description:** *This presentation is designed to shed light on the unique characteristics and challenges faced by adult children of alcoholics (ACOAs). This session will explore the profound effects that growing up with an alcoholic parent can have on childhood development and long-term well-being. Participants will leave with a deeper understanding of the challenges faced by ACOAs, practical strategies for recovery, and a list of resources to support their journey towards healing and resilience.*

**2:30 ~ 3:45**

**Title:** *Ministry To Those Who Struggle With LGBTQ+ Issues*

**Presenter:** *David Sanchez*

**Organization:** *Texas Baptists*

**Description:** *This workshop discusses a biblical approach to caring for those who struggle with sexual identity and gender identity issues. We will explore how to hold to our convictions from Scripture, while also taking cues from Scripture on how to show civility and have compassion.*

**Title:** *How To Help Parents & Caregivers Respond, Not React*

**Presenters:** *Jamie Mershon, LPC*

**Organizations:** *nextTalk*

**Description:** *When abuse or inappropriate situations come to light, parents & caregivers often go into crisis mode or shut down emotionally. In this session, you will learn tools to help adults process their own emotions while remaining a steady, supportive presence for their child. Learn how to respond with calm and clarity—rather than react—so you can create a safe place for healing.*

**Title:** *Walking Through a Storm: Living Through Times of Trials When God Doesn't Respond As You Hope*

**Presenter:** Kimberly Collins, MABC, LPC-S

**Organization:** STCH Ministries

**Description:** *There are moments in our lives when we feel as if none of our prayers are being answered in the way we would want. It may even seem as if God isn't there. We grow weary after receiving bad news after bad news or encounter failure after failure. In this presentation, participants will learn coping skills and strategies to navigate the storms of life. Participants will learn how to remain faithful and steadfast to the Lord during times of trial.*

*Participants will also learn how to effectively and empathetically walk along others who are experiencing repetitive storms.*

**Title:** *From Survival to Healing: Understanding Trauma Responses, Coping Strategies, and When to Seek Support*

**Presenter:** Vanessa Cordes, MSW, LCSW & Charny Beck, MSSW, LCSW-S, LPC Associate (Supervised by Lorraine Turner, MA, LPC-S)

**Organization:** STCH Ministries

**Description:** *Participants will explore the impact of trauma on the mind and body, shedding light on common trauma responses such as fight, flight, freeze, and fawn. Participants will identify effective coping strategies to foster resilience and promote healing in the face of adversity. Participants will learn how to recognize when coping alone is no longer enough and when to seek professional support. By understanding trauma and its effects, this session aims to empower individuals to navigate their journey toward recovery and well-being.*

**Title:** *Navigating Impulse Control Disorders: Understanding, Identifying, and Treating Conduct and Oppositional Defiance Disorders*

**Presenter:** Sarah Moehrig, MSCP, Licensed Psychological Associate

**Organization:** Sarah Moehrig, LPC, PLLC

**Description:** *This presentation delves into the complexities of impulse control disorders, focusing on Conduct Disorder and Oppositional Defiance Disorder. Attendees will gain insights into the defining characteristics and symptoms of these disorders, explore the risk factors and common co-morbidities, and learn about effective treatment strategies. Designed for parents, educators, mental health professionals, and child protection officers, this session aims to equip participants with the knowledge to better support affected individuals.*

**Title:** *Building Stronger Communities: Connecting the Church to Community Needs*

**Presenter:** Nicole Nguyen

**Organization:** SJRC Texas

**Description:** *In today's world, families are facing increasing challenges, and now more than ever, the Church is called to be a bridge to help support the community. Finding the right approach to bring the Church to the forefront is vital for reconnecting our communities and uplifting our families. Participants of this training will have an opportunity to challenge the process in how families are engaged, feel empowered to think critically on current practices and identify areas of growth and outreach.*

**Title:** *Marriage Bootcamp*

**Presenter:** Bobbie Garcia, MA, LPC Associate (Supervised by Lorraine Turner, MA, LPC-S)

**Organization:** STCH Ministries

**Description:** *This workshop style session will focus on practical tools and information aimed at protecting and enhancing the marriage relationship. Participants will learn tools for communication, connection and managing conflict well.*