2027 iCare Break-out Titles & Descriptions

9:00 — 10:15

Title: *Keeping Kids Safe in a Digital World*
Presenter: *Mandy Majors*
Organization: *nextTalk*
Description: *Mandy will discuss online dangers and the problem we face raising kids in a digital world, provide a solution that works to keep kids safe, and give practical ways to implement the solution in our homes.*

10:30 — 11:45

Title: *Burnout to Blessing: Pursuing our Way Back*
Presenter: *Randy Beck & Charny Beck, PhD, LCSW, LPC*
Organization: *STCH Ministries*
Description: *Have you ever found yourself in a place where sleep and vacations no longer refuel your love for ministry… In this presentation, we will spend some time talking about the unavoidable truths regarding leadership and burnout, identify markers of burnout, the difference between anchors and pilings in ministry, and how do we find hope as we travel the road back from exhaustion to healing.*

Title: *The Lies of the Culture Wars*
Presenter: *Blake Coffee*
Organization: *One Another Project*
Description: We will explore how the culture wars are no longer an issue outside the church and how leaders can help the church see the damage it is causing.

Title: *Repairing the Rupture: Communication, Conflict, and Confession*
Presenters: *Dosely Antongiorgi, MA, LPC-S & Caleb Barnet, MS, LPC-S*
Organizations: *STCH Ministries*
Description: *All relationships have conflict, but did you know that there is a positive way to manage conflict? This presentation focuses on John and Julie Gottman's Four Horsemen of the Apocalypse, a metaphor they use to describe relationship killers, on communication and the antidotes for making communication work. This information is geared toward marriages but it is useful for all relationships! We will also cover a structured confession-based activity to help you and others repair after a regrettable incident.*

Title: *What is Going on Here? Help for Dealing with Problem Behavior in Kids*
Presenter: *Judith Williams, MEd, LPC, RPT*
Organization: *STCH Ministries*
Description: *Ever find yourself asking, "What is going on here?" This presentation helps parents and caregivers make sense of challenging child behaviors and provides practical, realistic strategies for responding in ways that build connection, structure, and emotional regulation.*

Title: *Faith & Anxiety —Can I Really Have Both?*
Presenter: *Darin Griffiths, MA, LPC-S, LMFT and Lorraine Turner, MA, LPC-S*
Organization: *STCH Ministries*
Description: Anxiety can feel overwhelming, but faith offers a place to turn when life feels uncertain. But is it really ok to struggle with anxiety & be a Christian?? We will talk honestly about anxiety, the challenges it brings and how faith in God can provide hope, peace and perspective in the midst of it.

Grab lunch and head back to your table to eat during the next session!

12:00 —1:15

Title: *Global Hope*
Presenter: *Heather Mercer*
Description: After being imprisoned for 105 days by the Taliban in pre-9/11 Afghanistan, Heather travels sharing her story and speaking about leadership.

1:30 —2:45

Title: *Spiritual Abuse Panel*
Presenter: *Vanessa Cordes & Panel including a pastor, a clinical counselor & a survivor of spiritual abuse*
Organization: *STCH Ministries*
Description: *Well-meant spiritual language is common in faith communities, and can be used in ways that silence people and shield harm. Join a clinical counselor, a pastor, and a survivor of spiritual abuse for an honest, practical conversation about how to recognize both obvious and subtle misuse of spiritual authority, how to respond when someone says they've been harmed, and how to use spiritual language with care. Come away with a clearer understanding of healthy spiritual leadership and concrete steps for your own work and ministry.*

3:00 —4:15

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Title: *Identities, Ideology and Jesus*
Presenter: *Blake Coffee*
Organization: *One Another Project*
Description: *Two generations ago, church conflict was about behavior. Then it became about ideology. Now it has become about identity. But all along it has really been about Jesus.*

Title: *Marriage Conflict and Communication*
Presenters: *Bobbie Garcia, MA, LPC*
Organizations: *STCH Ministries*
Description: *Participants will gain insight into the interactions and dynamics influencing relationships and acquire techniques to foster effective communication and productive conflict resolution.*

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